

May 3, 2023

To: Jay Grande, Town Administrator
c.c. Elena De Foe, Roy Cutrer, John Cahill, and Abbe Burt
Re: Monthly Report

I am sending a monthly update report on what has been happening at the Senior Center. We still have our ongoing programs: Exercise, Quilting, Bridge, Ukulele. We are hoping to begin daily lunch at the center. There has been delay in starting due to not having anyone to transport the lunch, prepared at the hospital, from the hospital to the senior center, Apparently the hospital is responsible for the contract to transport the meal from the hospital to the center. I have been trying to contact the director of dietary at the hospital but has not gotten back to me.

We are hoping that Stanley Access, who has the contract to install the auto doors, will be over in a couple of weeks to start the installation. Their goal is to have the doors in by June 1. Some upcoming events/programs – A Matter of balance class will begin July 10 – August 28. It is an 8 week class. The classes meet Mondays from 9:30-11:30 am.

The program focuses on controlling falls, reducing risks of falls at home, and exercises to increase strength and balance.

I am putting together a small health fair with agencies doing blood pressure, hearing, glaucoma, having screenings. There will also be agencies who will have tables set up to have information on services they provide. This event will be August 31st from 2-4 p.m. You will see more info this coming month.

I am also going to have a small luncheon for our volunteers who deliver holiday meals and volunteer at the reception desk. This will be in late June. I will be sending out invites.

Lastly, I want to once again mention that I will be retiring officially on Friday, October 20th. I will help the new person get oriented possibly til the end of the year.

I will keep you all informed on updates.

Respectfully submitted,

Joyce Stiles-Tucker, Director