

August 8, 2023

To: Jay Grande, Town Administrator

Elena Defoe, Roy Cutrer, John Cahill, Christina Colarusso

From: Joyce Stiles-Tucker, Director

Re: Monthly Report – August

I am writing an update on what has been happening at the Tisbury Senior Center. The summer has been busy, and the end is approaching. We have had an increase in the numbers of participants who are participating in our activities. Our lunch program has just started again, after not having it for three years. We have a lot of new participants. At present, we only have lunch on Thursdays. If we still have good attendance, we might add on another day or two. We have an average of 12-15 people coming. We have twenty sign up but there is always some who have to cancel. Our goal is to keep increasing the numbers. We invite you to join us sometime.

We have the Matter of Balance class that has been going on since the beginning of July. It is eight weeks, ending August 28. We have thirteen in the class. We had fifteen signed up at the beginning, but a couple of people had to drop out for personal reasons. The class is a success, having a wait list. We might have another class starting in the Fall. The class got off to a slow start but now it has gotten popular.

Other events planned: A Health Fair is planned for August 31 at the Senior Center from 2-4 p.m. with agencies having a table to give information on what services they provide. We will also have Blood Pressure, Glucose, Wellness Screening. We are also hoping to offer Glaucoma and Hearing tests. The Health Fair is open to the public. We will put it on the website and Facebook.

We are also having events for Fall prevention week, which will be taking place the week of September 19. Watch for updates.

Lastly, I would like to welcome Catie Blake as my successor as Director. She will bring a lot of enthusiasm to the senior center and is willing to learn. I look forward to working with her for a short time.